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Bishop in 'MOTHA' laltuna nei

Bro E. Ramkumar in S. Seken
MELC Biehinna honna nei

KUM THUPI

“Na Gam Hing Tung Hen”

(Mathiu 6:10)



VDS New Building tha honna nei

LYF HQ in “Cyber Crime”
seminar nei

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1. EDITORIAL	: 1
2. DIHTATNA CHII TU	: 2
3. FIGHT BACK PASTOR	: 4
4. POST MODERNISM IN KHANGLAITE HINKHO ASUH KHAH DAN	: 5
5. NA THEOLOGY BANG E	: 9
6. BIBLE STUDY	: 12
7. HA CHIN A KUM THUPI HILHCHETNA	: 20
8. SUICIDE: THEISIAM IN, DOUDAL VAI	22
9. LYF COLUMN	: 25
10. VONDEI SAULIIM COLUMN	: 27
11. MELC INNSUNG THU	: 28
12. CHURCH DIARY	: 33

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MANGPA MITE LAH A TELLOU DINGTE

"...aziehpén tami lampi tumasang lamin na zui kha ngai nai sih uhi...." Joshua

3:4,

Jesu Khrist sisan in atat khiehsa Hattuom misiangthoute, i Mangpa Jesu Khrist min ngainou toh Kumtha chibai ka hing buh hi.

Sa leh gal lai a hinkhuo zangte ihi zing lai un, Pasion venna zalin, Khristmas 2024 leh Kum Tha 2025 te lawmthei a hingpui ibieh Pa Pasion min phat in um ta hen. Atunga thulu itahlat uh tungtawn in Pasion thu tamlou kikum va ui. Israelte Kanaan gam zuan a ahing pei lai un, athei ngailou uh gam leh azui ngaivot lou uh lampi zawt ding ahi ta uhi. Tua ahiziehin, lamkaipu Joshua in, mipite kungah lamzui ding dan ahil ahi. Tuama bangin, eiten zong kum 2024 pen ina zawt zouta ua, tua izawt tou ding uh pen kum 2025 ahing hita hi. Tami kum 2025 in bang ahing suopi diei ithei lou uh ahi. I vangsiet kum ahing suo diei, ilawchin kum ahing suo diei mah ithei vot sih uhi. Gal leh sa huaisiet kum ahing suoh diei, inn leh loute nuasie a itaisan kum ahing suo diei atheimasa ium vot sih uhi. Tua ahiziehin, tami lampi tumasang lamin na zui kha ngai nai sih uhi chia Joshua in agen bangin, Izui ngainai lou uh kum 2025 zuitou ding ihi uhi. I zuikhah ngai lou uh lampi izui chiengun, lampi ka atam thei mama a, itunna ding mun, hing tut lou ding lampi dang zuikhah abai mama hi. Tami lampi ka, izui khel na ding atam seng tahlut ziehin, alampidih hing kohmu thei Pasion in ahing pieh lamkai muanhuaite idoh ua, lampi dih leh tang pen izui ngitngét uh angai ding hi.

Kum 2025 sungpumpi Mangpa lampi zuikhil lou dingin, i innkuan pumpi, i hattuom zousie, leh i minam pumpi Pasion mama in, tanglai ami Israelte, sun a meilum leh zan a meikuanga puipan hing umpi in hing mapui chiet ta hen.

"Ka biel sung a Ahtui (Egg) tang khat zong a mang (loose) sih ding hi"- Rev Kapsuankhup DS/Thanlon Division

DIHTATNA CHII TU

(Sowing Righteousness)

Tangtel: Hosea 10: 12

Thumapui: Awleh, dihtatna toh kisai houlim thei ding a hunpha leh damna hing pie Mangpa'n loupina tang taken. Tami thumal "Dihtatna" kichi apoimaw mama ahi ding a Pasion Hagau Siengthou in Jawlneite, Kumpite leh Misiengthoute tungtawn in Bible pumpi ah mun tampi ah ana giel hi. Tam dihtatna thu khu mihingten izui ding ua, ahinpi theina dia hinkhuo puitu ding a gel ahia, azuita pou in ahoipi, adampi, apilpi, akhantoupi leh ahausatpi uhi. Pasion in Ama lim-le-melsuon a asiem ei mihingte khankho ding ahing khuolpi sah a, ahing hepi mama ahidan akilang hi. Tuaziehin dihtatna ding mun leh muolte thei dandan in kikum vai:

- 1. Pasion leh mihing kal a dihtatna:** Mangpa Pasion in ei mikhielte a ding in A Tapa tangkhat ahing pieh khu eite adia A dihtatna ahia, Ama Jesu gingta zousie (pom) khu midihtat in ahing sim hi. Tua khu Pasion mitmu a i dihtatna ahi tahi. nasem dingin pawl min (denomination) tuomtuom phut in vai ihawm uhi. Tuami pawl tungtawn a sep-le-bawl ding dan ibawlte uah dihtatna apoimaw mama hi. Tuaziehin Hattuom (MELC) tungtawn a ivaihawmnate Pasion aw (voice) bang in ingai, ipom theina uoi? Ahilou leh ivaihawmna pha (lem) isah ingaite uh zuilou a, eima ut dandan a eima Local hattuum sungte a vai ina kihawm zel mai uh a adiei? Hattuom khu Mangpa Jesu Khrist pumpi ahi
- 2. Hattuom toh mihing kal a dihtatna:** Pasion in ei mihingte Ama sih leh tang a leitung a nasem leh gamta ding a hing ngansie leh telte ihi uhi. Tuaziehin Pasion

"Pastorte biel ifan chieng ua i testimony gen ihi ua, ipei nu chiengin mite'n i testimony ana gen uhi."- *Rt. Rev Khup Do KheN, Bishop MELC*

chi thei vai. Tuaziehin pawlpi vaihawmna zatatlouna khu dihtatlouna ahi hi.

3. Sum leh pai a dihtatna: Sum leh pai a Vangam kai ding hisih leizong, mihingte khu sum leh pai umlou a kihing theilou in nna kistem theilou hi. Mi khenkhat in Hattuum (Pasian) sum leh pai maimai a dihtat ding in, khotang leh political organization sum leh pai lampang nehgu thei, lepgu thei dan a ngai pawl ki um thei zel ei, tuabang ngaidan khu Pasian huot lamtah ahia, Pasian thangpaina pel thei ahisih hi.

4. Mihing leh mihing kal a dihtatna: Mihingte itang a kihing theilou, ahon hon (group. Society) a tengkhawm leh hing khawmte ihi uhi. Tauziehin ihinpi leh itenpi mite toh kal ah dihtatna apoimaw hi. Tam dihtatna itasap chieng un kimelmatna, kisietna (conflict) apieng thei hi. Na gamgi ah na dihtat ei? Ahilou leh na dailenbu leh Voh kul bawl na ah na innveng

te a dingin lungkhamna na tut ei? Innveng leh louveng hoi hisawm in.

5. Sawm-a-khat a dihtatna: Bible ah silpieh panglou a biehnna khu Pasian deidan ahisih hi. Pasian in na sawm-a-khat hing pie'n, Ka hing guolzawl sih nai mah (Mal. 3: 10) achi vutun hi. Pasian in i slpiehte (sawm-a-khat) athawn ahilou ding dan Bible sung ah ahing thuchiem hoi mama hi. Sawm-a-khat ipiehte kiemna hilou in punna leh guolzawl na tuina ahizaw hi, kichin leh kichinlou zieh a pieh leh tawpsan thei maimai chi ahisih Pasian thupieh ahia, bat ahi.

6. Dihtatna ga (fruit) te:

a) Dihtatna in Nam atawisang hi (Thup. 14: 34). I Chi leh Nam, i hattuum idihtat zaw pou leh Mangpa'n ichi leh nam ahing pungsah ding a, ahing pilsah ding a, ahing hausa sah ding a, nam dangte lah ah ahing tawisang ding hi. Mangpa

“Eite pen Pasian gamgi sung a um ihi ua, A gamgi sung silhoilou ibawl leh Pasian in na (pain) sa mama hi.”- *Rt. Rev Khup Do Khen, Bishop MELC*

- thuchiem ahi.
- b) Damsotna leh khansauna ahing pe ding hi.
- c) Sietna apat ahing hundam ding hi (Thup. 11: 4).
- d) Aasi bang a taang ding (Dan. 12: 3).
- e) Ginna in ahing ding hi (Gal. 3: 11).
- f) Tumsing bang a bohpha ding (Late 92: 12).
- g) Shina ah kinepna nei (Thup. 14: 32).
- h) Akinepna khu kipahna ahi (Thup. 10: 28).
- i) Alampi khovah bang ahi (Thup. 4: 18).
- j) Leitung ah guolzawl ahi ding hi (Thup. 11: 31).
- k) Mangpa melmu ding uhi (Late 11: 8).

Thukhupsitna: mi dihatloute tan ding khu atung a kigente lelampang (opposite) ahi mai hi. Dihtatna bangza a manpha atai? A dang tampi um nanleh hunsah phot vai, simtute zousie Mangpa'n dihtat dingin hing guolzawl chiet tahen.

Source: *Upa Gouzamang, "Dihtatna Chii tu", edited by Rev Dr Hangpi Manlun, "Khristian Tangkou, January & February 2024 issue" apat lason ahi.*

FIGHT BACK PASTOR:

"Khristian aw, pilvang in pei in, gal ahing nai! Zau leh chitunkawm in pei in, na khuolzinna a na peilai in! a polam ah thaang (trap), a sunglam ah solna aum hi! Khelna bawldin ahing zawlzawl nalai hi. Ze-etna leh buoina lah ah na bit na dinga thumna galvan a na zat gige sih leh. Khristian na pua kha ding hi". Pastor aw, na belamte lah ah Ngia (wolf) belam vun sil aum hi. Pilvang in! tuate na melma, nang hing bawlse dia mansate ahi uhi. Na gal in kawchieng tawilou, namtem zong zunlou diing a, itna mittoh hing en ding hi. Ahivang in, belam vunsil in asung ah ngia gilkiel kiphuolgu um diing hi. Hun nukhielam ahita toh kitua in, Setan nasep ahata mama hi.

Mangpa Jesu uplouna mun zousie khu Gawtmun ahi a, Mangpa Jesu upna zousie Vangam ahi- *William Barclay.*

Mangpa belampute puase zungzung tam mama tahi. Setan in belampute guo hilou, a zite uh dou in tampi puasa zouta uhi. Khenkhatte, a tate uh dou in, belampute muolphousah dimdiem hi. Khenkhat kiate leuleu lah, belampute mama dou in puasa zungzung hi. Avangpha deute minsetah a akoinua in kihinsua zou hamham pawl zong um hi.

Source: *Ruth Messenger, Nov-Dec. 2023 issue a kigel pen first paragraph pen kangla sawn ahi hi by Managing Editor.*

POST MODERNISM IN KHANGLAI TE HINKHO A SUKHAH DAN

Post Modernism bang ahiei?

Misiem ten Kum Zabi 20 lai vel in leitung hun peidan hun 3, Masanglai (ancient) hun, hun laikim (medieval) leh tulai (modern) chin ana khen uhi. Khut a septhei siemna leh tondan (art and culture) lam zilna ah “*Post Modernism*” chi thumal khu alim gelna, a inn bawlna u’leh alaigel dan uh style thate genna ana zang uhi. Changkanna leh tondan, Modern sang a tulai zaw khu Post Modernism chia minvo ana hi hi. Ancient, Medieval, Modern ban ah hun lina khu Post Modernism ahita hi.

Hun hing kiemdan: Modern hunlai in khol (machine) zang in sil tampi siemkhiat ana hi hi. Tuami ziehin, tami hun khu Kholsiem sil bawltheina hun (Industrial Aga) chin ana kimin voh hi. Khotang hinkhuo napia ana sukhaha ziehin ‘Industrial Society’ chin zong ana kithei hi. Post

Modernism khu 1950’s akipat in leitung pilna leh industry a theina a sepkhiatna (science and technology) ah ang puilut tahi. Kithuja tuona lam a kikhelna (information Technology Revolution) anasa mama a, tuachin beilamtah a khol (machine) akipat kithuja tuona tondan

Loumun teelkhiel kha in kum khat adi’n apoi a, Koppi teelkhiel kha in damsung adi’n apoi a. Pasion teelkhiel kha in Tangtawn adi’n apoi hi- *China Thupil.*

(Internet & Cyber culture) ah ahing puilut tahi. Tuami ziewhin modern sang in Post Modern hun ah ilut zawta uhi. Tam kithuja tuona leh kihoumatna (information & communication) lam ah khantouna in leitung asuh neu a, leitung pumpi kho khat (globalvillage) in ang siem tahi. Tunia India gam a siltungte leh gamdang a Newspaper, Television leh Internet siltungte imu thei paipai ta uhi. Koima silpeidan theilou aum non sih hi. Masanglai a Keng a Kal khat (one week) lam izotna uh tuni'n Gari in ni khat chou akipei tahi. Meileng (train) a ni 2/3 khuolzinna khu Vanleng/Lenna (Flight) in naikal tamlou sungin akitung tahi. Hongkong, Bangkok bazar a van kimu te tuni'n Lamka khopi ah zong akimu thei tahi. **Gentenan** Ka Sir (L) Rev Dr Vanlalhlana in, Birmingham a ka ho leh Jongta leh Kom Kuva igam ua kijuote leithei din aum hi, achi hi. Tuami ziehin, Post Modernism hun a Science leh Information Technology a

khantouna in leitung kimkhat a umte toh kho khat, Veng khat in ang siem tahi, chipen adih mama hi.

Khanglai te hinkhuo asuh khah dan Individualism: Post Modernism thupi khu “*Pasian siemsa mihingte khu zalen tah a um theina ding in tondan tuomkhat, phatuom leh tungnung aum sih hi. Mimal in hoi asah dan, akipahna ding, athei khu ama adia ahun hi mai*” chikhu ahi hi. Tuami ziehin Post Modernism in hinkhom sang a mimal zalenna leh dihna (right) gel poimawna (individualism) lunggel ah ahingpui lut zing tahi. Tuakhu'n i politic boldan uh, ineh suidan, khotang hinkhuo lam chou suhse lou in hattuom sunga khanglaite hinkhuo leh Pasian leenggam nasepna napin ahing suh kha a, ahing suh khapan din ahing kilang tahi.

Mass culture a kipat Taste culture: Modern hun lai in, sam style, innsung vanzat, khotang hinkhuo leh adang dang a ina tenkhawm u'khu

Pasian in Hagau Silpieh a ahing pieh a na theipen kingangiem lechin, na lawching mama ding hi- *Billy Graham*

Mass culture akichi hi. Hinanleh Post Modernism ah individualism ahing lut toh kitua in eima deidan style leh hoisah dan ngaisang na “*Taste Culture*” ah ahing puilut zing tahi. Mimal in deidan, hoi sahdan apom, anei, abol khu athupi pen ta a, tuami toh kitua in mimal dihna (right) ahi chia gelna alien mama tahi. Tami’n biehma lam thudol a etdia adih ahi chia pom ahing kipan tahi. Tuakhu Mass culture a kipan a Taste culture a lutna ahi. Eima style ngen ahi. Numei ten zong a sam asuhsan ua, asuhkil ua, a suhzang uhi. Michin in eima style ahimai ahi ipeipi uh. Tami adia in khanglaite lah ah muding atam mama tahi.

Hattuom ngai poimawna neu deudeu: Post Modernism hun in leitung in banglam hilezong peidan dihtah leh style non sih hi. Min a deidan leh alung a agel hoiva achite akipah theina ding un ahoidan in azuita uhi. **Gentenan,** Grammer dan ngaipen a min igel leh min bul khu Capital

letter akizang hi. Hinanleh Post Modernism ah khu email id: alfredeseiboi@ymail.com ahimai hi. Koiman adiem non sih hi. Tambang in leitung langkhat a mite chetdan leh programe in ahing puilut tahi. Leitung lum man sun-le-zang zong kibang nonlou, i nichin nasep dan uleh hindan aheng lamdang mama tahi. Tambang hun in a opkhum mite ding in dan leh thupieh te, kingahna tuom khat gintat khat nei, kipuihuoina nei hattuom khu napin asuh buoi pha dan ngaidan nei aum non tasih hi. Hattuom ngaisang louna, bang e khat hattuom adia poimaw na, hattuom in atasap a poimaw na, kikhop phattuomna aum sih chia ngaidan ahing piengdoh tah a, mi zousie eima ngaidan peipi ding khu athupi pen ahing hita hi.

Capitalism leh Consumerism a: Post Modernism hun a lieh khat khu “*kibahna leh tanguol a ahon a hinkhawm nalam ngainep a, migenthei dinmun musit a, mi tomnou*

Tunia ka sep ding tam seng ahi man in, Dakal tampi ka thum apoimaw ding hi- *John Wesley*

haudeu deuna (capitalism) leh midang te khosah ding dan leh dinmun ngaituo lou a avum aval a bangma zousie tan leh neisawm leh jatnuomna (consumerism) ahi.” Radio, Television (TV), Newspaper leh nichin thusuote igam kivaihawmna (politic) leh nei-le-ta suina (economics) dudah louna tampi imuta ua, ija ua, isim zing uhi. I silmu u’leh athujate u’khu adihleh thutah umlou maithei ahia, hinanleh beilam tah a gending in migentheite khotuo in a tan ding ama a ding akiheilut, mi hausa mi bawltheite khu akhangtou deudeu na khu i mimal hamphatna a ang puilut ziehin beilamtah a hausat nuomna, du-amna khu khelna ah ilut mama tah uhi.

Nungzui pei lou, thei masat pen hinuom: Post Modernism a individualism a hinglut toh kitua in tami suhpi chin nadia ang pui khu information society ahi. Bang siltha leh lamdang suotha, thu tha a um ei chia mite lunggel a

ngaitua pen ahing hita hi. CNN thupi “athei masapen hi in” (be the first to know) chi khu leitung thupi ahita hi. Tamte ziehin ahoilam sang in aselam vannuoi silte ah gingtute kitaidemna asang deudeu ta a tamte’n mimal hinkhuo lampi dihluo ah ang pui a, nehgu, tagu leh sil dang dang ah hing puilut mang in, Khanglaite hinkhuo asuhbuoi a, hattuom damlouna ahing pieng khie hi.

Akhupsitna: Post Modernism umzia igenkhawm ta a, mimal leh eima style ngai poimaw na, mass culture akipat in taste culture, nungzui sang a theimasat hi utna, avum aval a nei utna/ nuomna leh jatnuomna, hattuom ngai poimaw louna in i Khristian hinkhuo uah ga hoilou tah asuo zing tahi. Ga hoilou suote leh ahing suotou nalai dingte khu:

- i) Innsung kipumkhatna leh kihou matna kiem, ki itna leh ki lungtuona kiem deudeu tahi.

Na Bible a sieng leh na hinkhuo anin ding a, na Bible a kigit zengzung leh na hinkhuo a siengthou ding hi- *D.L. Moody*

- ii) Deigo ding tam, sum suina ding lah umlou (neilou), nasem peilou Khristian khanglai apung deudeu hi.
- iii) Khelna zat tuomtuom leh thanguoina kho deudeu.
- iv) Mihausa leh migentheite kikal lah kigamla deudeu.
- v) Khristian hinkhuo daisuh deudeu, detlou leh hattuum thuneina (kivaihawmna) ngai poimaw louna kho deudeu ding.
- vi) Easy money, beilamtah a hausat nuomna pung deudeu ding.

gennuom khu i Khristian hinkhuo mandan/ zatdan, i innsung, hattuum sung, gamsung, namsung i et leh itheiloukal un gammang thei din ium tah uhi. Pasion thu in tambang hun a ding in nang leh kei bang chi din ang han ei? Khanglaiten bang chibang in na la uoi? Tambangte venna leh suhdai (suhbei) na nasep bang project inei ding uh e? tamte zousie ngaituo pum a hinkhuo izat ua nasepna ding a kalsuon poimaw hitalou amah?

Simtute zousie kung a ka hing

Source: Henkhosei Touthang, Chaplain KWS Pune, "Post Modernism in Khanglaiten hinkho asuhkhah dan". ECA/ ECCI Daimond Jubilee (1952-2012) Souvenir apat lekhiet ahi by Managing Editor.

SERIAL - 1

NA THEOLOGY BANG E?

Tantel: Ka tapa na pa thupieh zui inlen, na nu dan nuasie sin. Na lungtang ah viel ngitngat inlen, na ngawng ah khi ngitngat in. Na peina lampi ahing hil dinga, na imut kaal in ahing veng dinga, na khanlaw chiengin ang houpi ding hi (Thup. 6: 20-22).

“**N**a theology bang e?”. Tam dohna khu Bible zilte lah ah kizang tangpi ahi. Tuazieh ma adiei, theology a kichi chiengin mitangpi, hattuum (denomination) khat pou pou ah

Mangpa, shina in hing tuom nanleh, na khut a ka um ni akipat in ka lungkim vangut hi- *John Calvin*

hitale Bible Seminary bangah a zil khaloute'n Bible zilte pia bawl sim paipai uhi.

Theology toh kisai in **Bery Waggoner** in hichi'n ana gen hi, "*Kei khu theologian bang kahi. A gen uang bang sim nanleng tami khu thutah ahi, Khristian kichi zousie khu theologian khat kihi chiet ahi*". Azieh a genna ah, Jesu Khrist nuazui kichi zousie in gindan pomdan akinei chiet a, tua gindan suut in a hinkhuo uah zang ua, a zilsah (larning) nalai ua, tua ziehin tam ipawl in kithei sih ulezong theologian hi chiet uh ahidan leh apomdan uleh a zatdan uapan in theologian hoi leh hoilou khat penpen hiding uhi. Tuakhu theology himai ahi ana chi hi.

A thugen khu adih ma ahi. Theology kichi khu Bible zilte guo ding hilou in ginna neite gindan genna ahiman in gindan nei zousie a ding ahi. Tuaziehin, Khristian kichi eite a zong ahi a, tua khu Khristian Theology akichi hi. Tua khu Khristian ikichina

ah bang e ginna chileh tua i ginna in i hinkhuo ah bang phattuumna ahiei ahilou le bang lampang ah hing sukhkiah ei chi ahi hi.

Tuami zieh ma in **A. W. Tozer** in zong tambang in ana gen hi, "*The secret of life is theological and the key to heaven as well.*" Tuami ziehin theology kichi khu i pampai/ koidap theimaw hilou hi. Hinna toh kisai thugute banah vangam lut theina ding zong tam ginna (theology) kichi a um ahiman in, i zil ngeingei ding, pulpit tung a igen ding, laa a isah ding, tate zilsah ding leh i kihouna a athupi (subject/ theme) ahi ding ahi, ana chi belap hi.

Tamteng igen nua in tami ki dong chiet lei ichi ahi "*Nang thugin (theologya) bang hiei?*" (tam ikidot laiin denomination tuomtuom te thugin toh kisai gensawm hilou ihi chi thei vai). "Tam ginna in nang a dingin

Khosa kaizen a lokhiet Tanghou guolzawlina ahi a, thase leh ginumlouna apat lokhiet Tanghou te sang in ahum zaw hi- *Grow Quill*

banglam ah phattuumna aum ei?" chi, aziehpén gindan nei zonglei, tam gindan in i hinkhuo a phattuumna anei sih leh amona ahi ding ahiman in.

Ei Khristian innsung apat khanglien ten hamphatna thupitah i tangua, ineu uakipat Pasion thu a chiil (train) leh pui ina hi uhi. Tuatè ahing zilsah thute khu theology ahipai hi. Tuatè a kingahna ding a hing (live) ahiman in, en ikisuikhiet ngailou in nau ann mop in hing kimop hi. Hinanleh a khoh mama ahileh Khristian kichi te lah ah tam theology/ gindan khu ngainepna, nelsiana um moh hi. Tuami ziehin, gindan/ thugin, mani gintat bang chi theilou tampi tah um hi. Tua banah, mimal hinkhuo mama ah zong tam thugin theilouna in phattuumna anei sih hi. Tuami guoh hilou in niteng hinkhuo ah genkha leh za in aum kia non tasih hi. A khoh mama hi.

Tuabang ahilai in Khristian hilou te'n (non-Christian) tam hamphatna a tang sih

ua, amaute'n Khristian ginna apom ding uleh azieh, a gintat ding zieh uh napitah a akisui uh akul hi. Tuami din thale-zung, ngatuana leh hun tampi asen uh akul (angai) hi. Tuazieh bang zieh adiei hasatna tampi apat a Khristian hing suote'n Bible hi in thugin/ theology kichientah in atheizaw uhi. Tuami ziehin, aginum ua, nungzuina ah zong dihtatzaw tangpi uhi.

Tam gindan theilou/ neilouna in tu khang ah napitah in kietngiemna hing tun hi. Alien aneu chi umlou in mittawna chi khat um ahileh kilawm hi. A ginna bang e chi zong theilou, agiin ding um ahilam zong theipha nonlou kitam mama hi. Tuabang a hinkhuo zat khu Khristian kichite lah ah ngeinadan asوتا hi. Tua zong hun sahlou in, giin ding um chi theina pia a gintat nuomlouna ahilou leh gintat zawlouna in hing belap nalai hi. Dih leh dihlou chi zong khendan um nonlou hileh kilawm hiel hi. Khelna khenkhat ngiel bang

I poimawte nei a vangphat huoi a, avalseng a neipen zauhuoi hi-
Chuang Tse

mite lah ah kiphutdet ahiman in khelna chi ding zong um nonlou a, hattuom sungah zung khawh hi.

(fear)? Bang e ka hina? Ka thugin in ka hinkhuo ah bang phattuomna anei ei? ahoi lam moh aselam?

Tuami ziehin tuni'n kingaitua tha chiet vai. Bang e ka giin

Mangpa'n hing guolzawl chiet taken.

Source: Pastor K. Vunggoulian, "Na Theology bang a?" edited by Tualsonding Hangzo, Khristian Lungput Thaksak Thukup KALBI, 2022. Pages 72-74 apat lekhiet ahi by Managing Editor.

BIBLE STUDY

LATE 1: 1-6

Pastor M. Thangboi Zou

Thumapui: Amasan mawltah a Late 1: 1-6 Bible study bawl theidia hinna damna hingpia Mangpa Pasion min ka phat hi. Tuni'n mawltah in tami i Tangtel en khawm ahi.

Tangtel: "Pasion ngaisahloute lemquot bang a, um ngai lou a, migiloute lampi a zong ding ngailou a, mi simmawhatte toupaha a, zong tou ngailou mi khu ahampha hi. Akipahna khu Mangpa dan ah ahizaw a, tualeh adan thute sun leh zan in angaituo ngitngtet hi. Ama khu luiluong gei a sing kisuon ahun a ga zel, ana zong vuoi ngailou bang ahi ding a, asil bawl pouma ah alamzang ding hi. Pasion ngaisahloute pen tuabang ahisih ua, hui in bushi amutmang bang ahi zaw uhi. Tuaziehin Pasion ngaisahloute pen, vaihawmna ah ading thei sih ding ua, mikhielte zong midihtatte kikhopna ah, a um thei sih ding uhi. Aziehpem Mangpa'n midihtatte lampi a thei a, hinanleh Pasion ngaisahloute lampi pen, amangthang ding hi" (Late 1: 1-6).

A GIeltu LEH AKIGEL HUN
(Authorship & Date):

Sam laibu khu **Grik** haam in "Psalms" apat kilakhie

Thum zing Nupi in a angsung a apom naungeh khu Setan khut in banzoulou hi- *John Wesley*

ahia, Hebru haam in “*Sepher Tehilim*” akichi hi, akhietna ahileh, “*Pahtawina laibu ahi sih leh Phatna laibu china ahia, tumging toh thuo-a sah ding late*” china ahi.

Sam laibu khu akipatna ahileh Pasian ahia, hinanleh mihinglam a ageltu ahileh mi tuomtuom 7 in agel uh ahia, Kumpi David in atamgel pen hi. Akigel hun ahileh 1500-450 BC vela hi.

A geltute min leh agelzat uh:

- i) Kumpi David in: 73
- ii) Asaph in: 12
- iii) Korah tate’n : 11
- iv) Kumpi Solomon in : 2
- vi) Hem in: 1
- v) Mosi in: 1
- vii) Ethan in: 1

Tam teng ban ah agieltu min kigenlou 47 um nalaite lah ah Kumpi David in bangza ahiei agel um nalai din akigingta hi. A kigel hun sung khu Kum 1050 alut hi. Tualeh Laisiengthou pumpi (Bu 66) lah ah Bung (Chapter) saupen Late 199 leh atawmpen Late

117 zong apang hi. Sam laibu pumpi khu Numbat 150 ahia, Thuhun Lui (OT) apat a thumal lasawn Thuhun Tha (NT) a Late laibu apat akila tampen achi uhi.

Late No. 22 leh 69 na in “*Khrist thuohgimna thu agenlawh a*”, tualeh 2, 21, 45 leh 72 na’n, “*Khrist khu Mangpa ahidan*” agen hi. Tualeh 50, 97 leh 89 na’n, “*Khrist hing peikia nading thu*” agen hi. Tuathamlou in, Late mun dangdang ah, “*Khrist khu Pasian Tapa ahidan leh Kumtawn a Pasian ahidan*” zong agen hi.

ATUP LEH ANGIM (Purpose & Them): Sam, **Grik** haam in “*La*” chi leh **Hebru** haam in “*Phat*” chi thumal akilakhie ahi. Tomkim a gending hilei, Sam laibu khu, “*Pasian phatna pieh ding*” chi ahi hi. Tami la khu, “*mi lunggelte, genthei kisa a vangsie kisahte, lungkham kisahte henemna la leh akipahte kipahpina la*” akichi hi. Pasian a thupina bangtah a phatna pieh ding khu Sam laibu tup pen ahi hi.

Pastor a pasal dia nei ngap numei khu mi hangsan ahi ngeingei ding ahi- *Nu Millo Arnold*

“Tuachi’n ka damsung tengin nangma ka hing phat dinga, na min in ka khutte ka zahtou ding hi” (63: 4).

Sam laibu a kigel khalou La dang zong aum hi, tuate ahileh:

- i) Mosi la (Gen. 15: 1-21),
- ii) Deborah leh Barak ten guolzawl na la asah u’khu (Judg. 5: 1-3 leh
- iii) Judate’n Babylon gam a Sal (slave) a pui a auplai ua asah u’khu (Ezra 3: 10-11) tea hi hi.

AHING PIENKHIETDAN (Structure): Sam laibu khu Laisiengthou pumpi adia athei bailampen ahi, akichi hi. Abung (Numbers) sung mama ah apienzies mukhiet thei paiin aum chi’n agen uhi. Sam laibu 150 khu Se-nga in khen thei ahi. Se tuomtuom te, la-tom (doxology) in atawp zel hi. Tam Sam laibu sunga te’n Mosi laibu gel bu-5te (Pentateuch) ahing ensah akichi hi. Tam anuoi a bangin misiemten agen uhi:

- i) Late Nos 1-41 in Genesis.
- ii) Late Nos. 42-72 in Exodus
- iii) Late Nos. 73-89 in Leviticus.
- iv) Late Nos. 90-106 in Number
- v) Late Nos. 107-150 in Deuteronomy

1. “**MIHOITE LAMPI**” (1:1-3):
 “**Mi hampha**” (1: 1.a):
 Hampha in agetnuom pen ahileh, “*lungsim thuhtah a kipahna leh lungkimna nei*” chi agenna ahi. Tam Sam No 1 na khu Sam laibu pumpi adia athupatna ahi. Mihingte pienzia leh Pasion in amite a chiemtena khu akituoloudan gentena chi-2 toh ahing gente hi.

“**Midihatatte**”: Midehtatte thumna leh dihna ngainate ahi, itna neiin Pasion thutah kigen bangin azui a, leitung toh kilawmta lou uhi.

“**Migihloute**”: Migihloute umzia khu leitung toh kithuo, ngaituona leh alampite zuina ahi. Pasion thupieh banga hinglou ahiman un

Engalnd gam a Pasion thugen tampite gen sang in ka nu’n a Pheitung a agente manpha sa za wing- *John Wesley*

midihattate lah ah akihal thei sih uhi (1: 4-5). Midihattate'n Pasion athei ua guolzawlin aum uhi. Hinanleh migihloute khu Pasion gam alut theisih ding ua (1Kor. 6: 9), sietna/ amangthai ding uhi (1: 6). Tatdohna nasepna hun a kipatin amailam hinkhuo uah tam mi-2te khu tangtawn in akikhen ding uhi.

“Migihloute lampi a zong ding ngailou” (1: 1.b): Late No 1 sunga, *“midihattate leh migihloute kilamdanna thu”* akigen hi. Gingtuten migihloute sep bangbang sem louin, amaute toh kipawl (kithuakhawm) khawmlouna in akilamdanna ding uh ahi hi. Kisiet theina pel loupi'n koima'n Pasion guolzawlina tang theilou hi.

“Akipahna khu Mangpa dan ahizaw hi” (1: 2. a): Pasion guolzawlina tangte'n khelna toh akikhen khiet ban uah Pasion thutah toh ahinkhuo azang ding uhi. Pasion deidan leh athupiehte ah alungkim uhi. Migihloute ahi u'leh

thukhenna a tuo ding uhi. Bangzieh in ichileh, *“tam mite'n hutdam ahi theina ding ua, thutah itna apomlou zieh uh ahi”* (2Thess. 2: 10 sim in). Midihattate khu Pasion thutah (Bible) in apui dinga, agamtatdan dingte amakai ding hi.

“sun leh zan in angaitua ngitnget hi” (1: 2.b): Pasion guolzawlina adei mite'n Pasion thukham lungngai uhi. Angaituana, alungsim umzia, agamtatziat uh apuopha sah hi. Amaute'n Pasion thutah (Bible) simin, thupitahin lungngai in, laisiengthou mundangte toh etka uhi. Laisiengthou a lungngai ichi chiengin, dohna khenkhat tam anuoi a bangin akidong thei hi. Tuatate ahileh:

- i) Tua ka dinmun a dingin Laisiengthou mun tungtawn in Pasion Hagau Siengthou in bang ahing kawmu pia ei/ ahing pieh ei?
- ii) Ka puolou na ding, ka tukipdingbangthuchiem/

- thupieh aum ei?
- iii) Tam Bible Tang (na sim mun pen) in ka nuosie ding bang khelna ahing genpi/ kawmu pia ei?
- iv) Pasion in ka zui ding, ka sepding bang ahing pieh ei?
- v) Ka hagaulam dinmun toh kituo Hagau Siengthou in bang ang genpi ei?
- vi) Hundamna toh kisai, khelna toh kisai, leitung toh kisai ah Hagau Siengthou in Pasion thutah bang ahing hi lei? chite ahi hi.

“**Luiluong**” (1:3): Pasion thutah chi tahtah a sui mite hinkhuo khu hagau a dimna ahi. “*Tui*” in agetnuom ahileh, “*Pasion Hagau Siengthou agenna ahi*” (cf. Jn. 7: 38-39). Pasion lamhilna leh Ama thutah ahinpi mite’n ahinkhuo uah hagau a hinna amu/ atang uhi. Abawl zousie ua alawching ding uhi, ichi chiengin, “*hamsatna, bawlsietna thuoh ngailou ding china hilou in, Pasdian a*

zatat mi’n Pasion ngimna leh aguolzawlna theisiem zaw” china ahi.

3 Jn. 2 nan, “*It aw, na hinna hagau in lungnopna anga mabang a, na gamtatna zousie a hamphatna na nga theina ding leh na chidam theina dingin thu ka ngen hi*”. Tami Tang (verse) tomkim in hilchien vai.

Tamna Johan in agetnuom dan ahileh, “*Pasion deidan a gingtute ihin chiengin damtheina leh guolzawlna toh ikidim ding ahi hi*.” Sil zousie, tamin agetnuom ahileh, “*I nasepna, i ngaituona, i dei silte, Pasion nna isepna ah, innsung vai a, chite a Pasion lamhilna toh lawchinna muna ding*” china ahi.

Tahsa leh hagaulam a hausatna muna ding toh kisai Laisiengthou in anuoi a bangin agen hi,

- i) “hamphatna namu theina ding leh na chidam theina dingin” khu Grik haam a “euodoō” akichi a, akhietna ahileh, “na

Khanglaite aw, maban a I gam-le-nam kinepna na himan un, mukholna (vision) lienpipi hing nei un- *John F. Kennedy*

khualzinna ah na lamzang ding, ha hinkhuo ah na ma vang ding” china ahi hi.

ii) Eite’n inasepna a thanuomtah a isep chiengin, Pasian in ann ne, tui-dawn, sum leh pai imu itan guol hilou in, midangte zong ipanpi zouna dingin ahing guolzawl ding hi (Phil. 5: 15-19 sim in).

iii) I tasap zousie Pasian in ang pieh theina dinga ithum chia Pasian in ama hun tun chiengin, atate thungetna hing dawng pan thei ahi chi Laisiengthou a ahing hilna ithei ding apoimaw mama hi, tuate ahileh:

a) Khatvei vei itasap hun zong aum thei hi, ahivang a tuabang hamsatna itua hun ah zong Pasian imuon semsem theina ding leh ginna lam a ipichin na ding, Pasian nna isepna ah thuohzawna imu na ding a

hamphatna hizel ahi (Rom 8: 35-39, 2Kor. 4: 7-12, 6: 4-10, 12: 7-10, 1Pet. 1: 6-7 sim in).

b) Khrist adia nasepna a Techu (witness) ipanna in, leitung a siltungte bawlsietna leh nuoinetna ithuoh khah leh, ithuohzaw nadia ikizil hun aum thei hi (Lk. 6: 20-23, Heb. 10: 32-34, 1Pet. 2: 19-21, Kil. 2: 9-10 sim in).

c) Leitung khu tasap nagam, kichin louna gam ahi man in, Gal kidouna, Kielpi tunna, gotui hamsatna, sui zuina dihluo leh akinuol theilou pian ngeina toh siltungte (calamities) i thuona khu Pasian guolzawl na itan lou man a kitua hilou ahi (Nasp. 11: 28-30, 2Kor. 8: 2, 12-14) chi ithei ding ahi.

iv) I hagau hinkhuo a chidamna leh nopsahna

Va (bird) in Singga a tuitua te teel in aneh bang in, mipiten zong mi thupite ma langpan (oppose) uhi- *Lord Bacon*

toh ikidimna vanga, I hinkhuo a hamsatna leh buoina zousie beisieng paiding kichi theilou hi. Gal ineite, buoina tuomtuom te khu Pasion muonna leh ngetna toh ipal galkai ding ua poimaw mama ahi.

Gendan dangkhat in genlei, “*Luiluong*” in agetnuom ahileh, “*Pasion zau a khosa mite hinkhuo, aum ding dan uh akilatkhietna, Pelestine gam go leh lum (hot) mama gam a luitui luong gei a Sing (tree) kisuon, ahun a ga zel, a na (leaf) zong vuoi ngailou bang ahi*” achina ahi hi.

2. “**MIHOILOUTE LAMPI**” (1: 4-4):

1-3 sunga “*Midihte hinkhuo/ lampi*” agenjou nua in, tun (4-5) na sunga “*migiloute/ mihoiloute lampi/ hinkhuo zat dingdan ahing*” gen kia hi.

i) Migiloute khu “*Bushi toh agente*” hi (Eph. 2:2). Thuhun Lui hunlai in “*bushi*” khu “*sil zatna ding bei toh ana gente*”

uhi (Job 21: 18, Late 35: 5, 83: 13, Isai 17: 13, 29: 5, Jer. 13: 24, Hosea 13: 3). Mangpa Jesu’n mailam hun a vai ahing hawmna dingah, Johan in agendan in, “*bushite pen mei mit theilou toh ahaltum ding hi*” (Lk. 3: 17) chin ana gen hi.

ii) Thukhenni chiengin Pasion thukhenna maituo dingte ahi uhi (cf. Late 76: 7, Mal. 3:2, Mt. 25: 31-45, Kil. 6: 17).

iii) Migihloute khu tangtawn in amangthai ding uhi (1: 6) “*Mangthai ding*” chipen “*Tawngtawn in Meidil ah aum ding uhi*” (Mt. 10: 28) china ahi.

Tualeh Mt. 25: 31-46 sunga, “*Kel leh Belam thukhenna*” agenpen leh Mt. 13: 24-30, 2Kor. 5: 10 sunga “*Bu leh bulem*” gentena khu migihloute kigena ahia, Sam 1 nan agente tunga tangtung ding ahi hi.

3. “**PASIAN LAMPI**” (1: 6):

1: 1-5 sunga, “*Midihtatte leh*

Mukholna (vision) umlouna mun ah lam-eetna zong umlou-
George Washington Canver

mighloute lampi (hinkhuo)”
 agenchet nuom in 1: 6 na
 sunga “Pasian lampi” ahing
 hil hi. “Mangpa’n midihattate
 lampi athei” achi hi. “Thei”
 in agennuompen ahileh, “a
 potham a theina agen sih a,
 ama mama zong vapang (ki-
 involve)” chi agenna ahi.

Midihtatte khu Mangpa’n
 apui a, a vengbit hi. Hinanleh
 mighloute pen manthaina
 lampi zuiin apei uhi.

Akhupsitna: Sam No 1 na
 agen thupi ahileh “Midihte
 leh mighloute lampi, maban
 ding thu” agen chieng mama
 hi. Tualeh Piengtha leh
 piengthalou hinkhuo agenna
 zong ahi hi. Mangpa Jesu’n
 gentethu agen “Nungah 10
 Moupa dawn dia kuonte” (Mt.
 25: 1-13 sim in), Mi-5 apil
 (midihtat, piengtha) agenna
 ahia, mi-5 amoh (mighloui,
 pengthalou) agenna ahi.

Tamna Numei 10 ten Moupa
 amuna ding ua poimaw pen
 khu “Thautui” ahi, thautui
 in a etsah ahileh “Hagau
 Siengthou” ahi.

Bangchi tuh in pilin, siemin,
 hausa in dangnal zong lechin
 na sunga Thautui aum lou
 leh nuosie a um ding na hi,
 nuasie a na umlou na dingin,
 “Tu khu Hun kipahhuoi leh
 hundamna ni, mubei a aum
 laitah ahi” (2Kor. 6: 2, Isai
 55: 5-6), tami hamphatna na
 mansuo ngei ngei leh dachiah
 kikhel tading a, utlou sasa in
 tangtawn Meidil na zuon ding
 hi, tuami hun ang tun masang
 in “Na hundamna kisiemtup in,
 hundam a um ding na hileh na
 lawman (prize) ding kisiem tup
 in”, Noah leh ainnguonpate
 Mi-8 chilou, “Tuichim ah
 mi koima hutdam in aum sih
 uhi.” Lot leh atanute chilou,
 “Sodom leh Gomarah khopi ah
 koima hutdam in aum sih uhi.”

Lot zi banga leitung thupina
 na khietla leh “Chi khoum na
 suo ding hi.” Hinkhuo ichipen
 Hinna khat ahia, tua Hinna
 khatinei pen uh Mangpa
 Pasian deina banga azang thei
 chiet dingin, simtu zousie
 Pasian in hing guolzawl chiet
 taken.

HA CHIN A KUM THUPI HILCHETNA

Prepared by: Retd. Rev. Dr Hangminthang, Former Bishop, MELC

Thumapui: Pasion mapuina leh hepina zal in, “Pasion toh zawhkhawm” (Gen. 6: 9) chi Kum Thupi in ina zang zouta ua; ahoi mama a, mi tampi in iphattuompi ngei ding u zong ka kinem hi. Pasion toh i zawhkhawm nua un, aban ipoimaw ukhu, i hinkhuo ua Pasion Gam ahing tun diing ahita hi. Tuazieh in Kum Thupi in “*Na Gam Hing Tung Hen*” chi ideiteel uhi.

Concept Note:

1. Pasion hilchetna:

Pasion gam ichi khu tam leitunga gamte ahisih a, Pasion thuneina, Pasion vaihawmna leh Lalna mun (gam) ahi zaw hi. Mangpa Jesu'n, “*Pasion gam khu na sung uah aum hi*” chin ana gen hi (Luk 17: 21). Pasion toh zawhkhawm hinkhuo iman nua ua, eima sunga (within us), eima hinkhuo a Pasion gam ahing tun hun ahita hi. “*Pasion gam tung*” ichipen; Pasion thuneina in igingtu hinkhuo uh a thunei khum diing, china ahi.

2. “**Pasion Gam**” chi u khu adihtah in gen lei, “*Pasion leenggam*” agenna ahi. Leenggam khat ah Leengpa

khu avaihawm leh athuneipen ahia; Leengpa deilou silte a leenggam sungah akibawl sih diing hi. Tuaziehin, ei gingtu mimal hinkhuo khu Pasion gam (leenggam) ahitaah ziehin; Pasion deilam leh kipaahlam a hinkhuo iman ua, hagau gaa isuon diing uh ahita hi. Pasion deidan a hinkhaw man khaah louna khu, Pasion gam ahi theisih hi.

3. **Pasion gam leh Vangam kibang lou ahi:** Vangam khu Van ah aum a, Mangpa'n eite adia mun ahing vabawl sahna mun ahia, i tangtawn mun diing uh ahi.

“**Pasion gam**” khu leitunga gingtute ahi. Pasion in mi masa Adam ana siemlai in,

“Pastor khu Chabi (key) ahi” aziehpén Hattuom khanloh na ding, khantouna ding leh chidam na ding khu amaute khut ah akinga hi-
A.W. Tozer

anaahkohawm sungah, a hagau ana hakhum a; khum Pasion hagau umna mite khu Pasion gam ahi uhi. Ahinlah, Pasion gam ei mihingte ah ahing tun theina diingin; a gam neipa, Jesu Khrist i Mangpa leh Hundampa diinga ikilaah masat diing uh apoimaw hi.

4. “Pasion gam” khu bep ah aum sih a, sil bawltheina ah aum zaw hi (1Kor. 4: 20).

5. “Pasion gam” khu neh-le-dawn ahisih a, Hagau Siengthou a dihtatna, kituohna leh kipaahna ahizaw hi (Rom 14: 17).

Tuaziehin, Pasion gam khu Israel gam ahisih a, tam leitunga gamte zong ahisih a; ei gingtute ihi uhi, chi i thupi un ahing hil utpen ahi.

JANUARY HA:

Thupi: Pasion Gam leh Van-gam

Tamte gel khu akibang ahisih a, a tuom tuoh ahi.

Van-gam: khu lenpi toh gente ahi (Mt. 13: 47)

Gou kiphuolgu toh gente ahi (Mt 13: 45).

Nungah siengthou 10 mouneipa dawn dia kuon toh gente ahi, thautui bei leh beiloute toh gente ahi (Mt. 25: 1).

Tam bangin, Van-gam gentena tuom tuom Khantanhoi lite ah imi uhi. Van-gam in mi zousie ahuop a, hinanleh khantanhoi in atunkhahte bou lut diing uh ahi, chi imuthei hi.

Pasion gam: Pasion gam (Pasion Leenggam) khu mimal toh kisai ahi.

i) Luk 17: 21 ah, Mangpa Jesu'n, “Pasion gam khu na sung uah aum hi” (The Kingdom of God is within you) chin ana gen hi.

ii) Pasion gam ichi khu mi piengthate genna zong ahi. Pasion gam khu tam khovel a heitah ahiei khat genna ahisih hi (The Kingdom of God is not found in the Global Map). Pasion gam khu gingtu hinkhuo ahi.

SUICIDE: THEISIAM IN, DOUDAL VAI

- Chingngaihlian Tunglut,

Counsellor and trainer, at YMCA Counselling Centre and Training Institute

Theimasat ding: Tam Article ahileh laigelnu toh phone tungtawn a kihou a, ama phalna toh ka hing lekhiet ahi by Managing Editor.

Thumapui: Ei singtangmite ihileh, kichimattah (closely knitted) a khotang a khosakhawmte ihi uhi. Asie-apha, anuom ahamsa a phatuom ngaina toh kidel leh ki-uaptuate ihi uhi. Tambang a khotang a ihinman un, mani hinna kilana (suicide) toh kisai zong awlmohna lungput toh khotang vai a buoina dan in en thei lei, a doudalna dia khotang in manphatah a pan kila ding ahi.

Suicide doudalna dia WHO leh IASP makaina: Kum teng in, khovel pumpi huap in, September Ni 10 pen mani Kithana Dalna Ni (World Suicide Prevention Day) in kizang gige hi. International Association for Suicide Prevention (IASP) leh World Health Organization (WHO)

kithumu a, tamdan a pan lana a makai uhi. Tamni ahileh, Suicide toh kisai theisiem bena ding leh a doudal dingdan kitheisahna leh tangkouna Ni in kizang gige hi. Tuaban ah, Kum teng in, a kum a dih thupi bikhie nei in um zel a, tua kum a thupi pansan in, suicide toh kisai tangkouna (awareness) sai in um zel hi.

Tu kum, 2024 a World Suicide Prevention Day thupi ahileh “Changing the Narrative on Suicide” chi ahi. Tua khu, suicide toh kisai i gendan heng china ahimai hi. Tam thupi pansan in, khovel pumpi ah organisation tuomtuom panlana in suicide toh kisai tangkouna (awareness) leh suicide gendan leh mudan henna di’n vai tuomtuom sai in um hi.

Pasian in tuni (today) abulphu a, Setan in zingchieng (tomorrow) abulphu hi- *Billy Graham*

Thubai ahi sih, awlmohna/ngaikhona toh suicide gandan leh mudan henna dia pan ila ding uh ahi. Suicide leh lungsim damlouna (stigma) lien chiphet hilou in, alangtang a gen phallou (taboo) leh a sienglou hileh kilawm hiel khop in um hi. Tamdan lungput inei zieh un, mani hinna lah ding lungput nei lellete'n panpina sui utlou un, a utte'n zong sui ngamlou uhi. Tuabang ahiman in, apoimaw pen uh panpina mulou ding uh china ahi. Apuosa khovel ah, hamsatna tuomtuom zieh a lungngaina tua touzel dih ihiman un, suicide a shina dal zou guol ding hilou hi. Hinanleh, adalna dia panla theina tuomtuom: laigel, awareness seminar leh houlimna vantang bang ah phatuom leh panpina pia kidang tah a genkhiet zel ding poimaw hi. Tuachilou in, minsietna (stigma) hing kiem dia, a doudalna dia pan ladan zong hing umzel ding ahi.

“Khotang damlouna”: WHO in agendan in, suicide ahileh

khotang damtheina lungheimoh huoi (major public health concern) ahi chi uhi. Tambang ahiman in khotang damtheina dia panlana poimaw ahi chi hiel hi. Aziehpén, suicide in mi zousie (alien aneu, numei-pasal khosahna tuomtuom leh dinmun tuomtuom) khentuom neilou in suhkha sieng hi. Suicide a shina i chi sil mulkimhuoi leh vangsiet huoi ahiman in, sawtpi dai a, innkuon, lawm-le-guol bou hilou in, khotang zong napia sukhah hi. Tuaziehin, suicide toh kisai i gendan uh hengvai, i etdan uh zong akiheng dia, adoudalna ah pan iladan uh zong a poimawte adia ahoizaw lam leh phatuom din hing kikhel ding hi.

WHO gendan in, Kum teng in mi Lakh 7 sanga tamzaw in ahinna uh kilah in a shi ua, suicide a shi khat aumna lah ah mi 20 val suicide anasawm (attempt) um hi. Lamka toh kisai data zong enlei; NEST LAMKA in suicide in mani hinna la a shina ana tua uhi. Tuana mi 12 lah ah pasal 10

Ka inn tahtah khu Vangam ahi. Leitung pen ka Loukuonna mun ahia, tua ka tenna inn zong ka loubu ahi- *Billy Graham*

leh numei 2 ahi uhi. Tami mi 12 lah ah a naupangpen kum 12 mi ahia, a lienpen/ upapen kum 57 mi ahi. Tam data apat i mukhiet khu, a lienpen leh aneupen a khenlou in, suicide in michin a sukhah ban ah, numeite sangin pasalte lah ah mani hina kila zieh a shina tua tamzaw hi.

Chiengtah a suina a mukhiet ahileh, depression nei numeite lah atamzaw a, hinanleh pasalte suicide a shi tamzaw dia uhi. Numeite apuohgih uh agenkhie ua, kap leh maukhe zel ua, atheina (emotion) uh kibukhietna dan khat neithez zel uhi. Tuazieh tah a, mani hinna kila ding lungput anei chieng ua zong, va gamtang khiel zel uhi.

Eilah guoh hilou in, khovel pumpi huopi in, suicide a shite lah ah pasal tamzaw thamtham uhi. *Bang zieh a diei?* Pasalte'n hamsatna a tuachieng un, a kipasalsah zieh un, atheina (emotion) uh ahum chimit ua, puohgih pholkhietlou toh gamtang zel uhi. Khotang a etin pasalte nenou lou dih

leh hamsatna athuohte uh sungkhelou dia dei ahi zieh in, pasal tampite adia zoh huoilou kisahna guon a, panpina poimaw ahilam uh zong, amau leh amau kipom lou thamlou in, midangte'n zong pom utlou uhi. Tuaziehin, innsung poza khe zel hi, puohgih seng zieh a um dingdan theilou in, beidotna in pum tuom zel uhi.

Ama tang a athuoh ban ah, mi a theisiem lounate'n amau puohgih guon belap uhi. Lametna bei kisahna zieh bangin hin ningkitelna hing nei uhi. Tuachiengin, khenkhatte mani hinna kilah uhi.

Suicide bang ahiei? Suicide ichi chiengin mi khat in ama deitelna zanga, tupmawng a ama leh ama hinna kila china ahi. Suicide ahileh, Lungsim Natna atahtah ma ahidan talangtu ahi.

Mi bang zieh a suicide kibawzel uh diei?

i) Lungsim damlouna/ Mental disorder tuomtuom (depression, bipolar disorder, autism, schizophrenia, anxiety disorder leh adangdang) zieh.

Na Kam uh lienpiin kaah unlen, tuachi'n ka sudim ding hi- Pasion (Late 81: 10)

ii) Nupa pal ahiei, midang toh kal ahiei, innsung buoina zieh,
 iii) Tahsa damlouna leh damthei louna leh kumlui (zangkhal) natna nei zieh,
 iv) Khamthei leh Zu zongsang (addicts) zieh,
 v) Stress tuomtuom (sum leh pai a buoisietna, laizilna lam leh sepna lam a hamsatna, bawlsietna (harassment) leh simmohna a ki engbawlna (bullying), numei-pasal kal a thangtatna bawlsietna (rape) chite thuohzoulou zieh a,
 vi) Gal zieh a hamsatna chi tuomtuomte ziehin lungsim a liemna (trauma) nasatah mi'n tuazel uhi. Tuate ziehin zong

mani hinna kila utna lungput tahsuona in zui thei hi. Singtang mite dinmun: Ning kum akipat Manipur gam buoina ziehin lungsim lam ah liemna hing tun chiet hi. Adieh a gal zieh a tangtah (direct) a shina, liemna, inn-le-lou, nei le lam mansuona leh hamsatna chi tuomtuom thuohkhahte leh galtaite kungbang ah lungsim a liemna nasa die di'n i gingta uhi.
 vii) Bang ahei hamsatna leh buoina tuokhaphut zieh a ngaituana pe sau man ngellou (impulsive) a, nua-le-ma khuol manlou a mani hinna kilah chi bang zong ana um uhi.



LYF COLUMN

MANIPUR EVANGELICAL LUTHERAN CHURCH
Lutheran Youth Fellowship, General Headquarter

A **68th** Veina
VAIHAWMNA & KITEELNA

Amun: Hq Church, Zomi Colony

Ahun: 24th January 2025 (Septawpni)

Thupi: “Na Gam Hing Tung Hen” (Mathiu 6: 10).

Pasian ka zatat laisie ka hausa den ding hi- *Bill Gates*

VAIGUON TANGPI:

- ☞ 07:00-08:00 Am : Registration
- ☞ 08:00-10:00Am : VAIHAWMNA
Chairman & Secretary, LYF GHQ

NOUSIETNA LEH VAIDAWN THUGENNA

Rev Suanboi Tungdim
Director of Ministries i/c Youth

AGENDA LUIKHJETNA

Upa T. Pumminlal, v/Chairman LYF GHQ

- ☞ **10:00-11:00 Am : ANN NEH HUN**
- ☞ **11:00-11:45 Am : Bengener Subject leh Teacher
Manual Book Honna leh Latna**
The Rt. Rev Khup Do Khen,
Bishop MELC
- ☞ **11:45-01:00Pm : VAIHAWMNA SUTZOPNA**
Chairman & Secretary, LYF GHQ
- ☞ **01:00-03:00PM : KITEELNA**
Election Commissioner
i) Rev Suanboi Tungdim, *DM i/c Youth*
ii) Rev Kamminthang, DM

LAMKAI THATE THUMSAHNA

Rev Suanboi Tungdim, *DM i/c Youth*

- ☞ **03:00Pm : KIPAHTHU GENNA**
Upa S. Zamkhanpau, Chairman LYF GHQ

TAWPNA:

Rev Dr S. K. Manlun, DS/LWD

Ka thuohna teng hing mu ulechin, koiman hinge ng sih va uteh-
Khual Za Kham



VONDEI SAULIIM COLUMN

November apat December 2024 sung a Vondei Sauliim mimal leh Hattuum min a Visit hing bawlte ahileh:

SI/No	DATE	HINA	KHUO	SILPIEHTE
1	11/10/2024	ZEO apat, Throught Pa Lianzagou	Lamka	Caroom-4, Football-1
2	17/11/2024	Zou Sangnaupang Pawl (ZSP)	Ccpur College	Rice Bag-1, Sayo Chunk bag 1, Note Book 2 dozen, Pencil Packe-1 leh Nethai chi tuomtuom
3	17/11/2024	Shillong Lutheran Church (SLC)	Shillong	Childrens Day thawlom Rs 5412/-
4	24/12/2024	Dr Philip Thanglian-mang	Delhi	Phalbi puon leina dingin Rs 5000/-
5	30/12/2024	ELWA	Simveng	Puon Bag-3
6	9/12/2024	ELWA	Moreh	Puon Bag-3
7	9/12/2024	ELWA	Shillong	Puon Bag-2 leh Rs 3000/-
8	9/12/2024	Pa Nagdou Samte	Moreh	Kangkai, Damdawi chi tuomtuom
9	13/12/2024	Shillong Lutheran Church (SLC)	Shillong	Rs 10, 000/-
10	15/12/2024	ELWA	HQ Church	Christmas puon leina dingin Rs 10, 000/-
11	26/12/2024	Singngat ELWA	Singngat	Blanket-2, Bedsheet pic 5

Kum 2025 ah zong Manggam nna i septheina uh VDS mimal leh Hattuum chin in a tam theipen in phuongvou nalai din kang ngen uhi.

Kipahtah a Vondei Sauliim visit hing bawl zousie Mangpa Pasion in aletampi'n hing guolzawl taken, chi VDS Boardten ka lungdam thu uh tam Tangkou zangin ka hing phuong uhi.

Pasion in sillamdang abawl nuom chiengin, hasatna toh pan masa phot hi- *George Muller*

MELC INNSUNG THU

1. LYF GHQ IN CYBER CRIME SEMINAR NEI



Apeisa Date 29th November, 2024 zan in LYF GHQ leh District Legal Service Authority (DLSA) Churachandpur saina toh “*Legal Awareness-cum-Interaction Program on Cyber Crime*” Hq Church, Zomi Colony MELC mun ah nei ahi. Vaiguon tangpi ahileh:

- Hunkem : Pa Hauminthang, Secy (Edu.) LYF GHQ
- Hunpat Thumna : Upa Pumminlal, V/Ch. LYF GHQ
- Vaidawna leh Pulahna : Tv. Khamsuanpau, Secy (Inf.) LYF GHQ
- Nuomthu genna : Rev Suanboi Tungdim, i/c Youth DM/ MELC
- Tawpna Thumna : Pastor Thangkhongam, L/Pastor Hq Church.

Resource person leh a Topic:

- i) Shri Tongminthang Haokip, Judicial Magistrate 1st Class Pherzawl,
Topic: “*Cyber Crime among Christian Youth.*”
- ii) The Rt. Rev Khup Do Khen, Bishop,
Topic: “*Biblical Perspective on Social Media*”
Tam Seminar ahileh District Legal Service Authority (DLSA) ten ahing Sponsor sah uh ahi. Pasian in LDSA te maban ah

Hasatna leh buoina in phattuumna anei tua hi- *Charles H. Spurgeon*

ahoizaw sem a silpha bawljou din guolzawl taken.

2. **MOTHA KHUO BISHOP IN MELC DIA LALUTNA NEI:**



Apeisa Date 8th Decemder 2024 ni in The Rt Rev Khup Do Khen, Bishop in Moreh Division a din Motha Village, Moreh Block a upen la lutna leh phuonkhietna anei hi. Vaiguon tangpite ahileh:

- Hunkem : Upa Luncha, Secy. Moreh Division
- Hunpat thumna : Rev Nengkhanlal Milun, DS/ LED
- Vaidawn thugenna : Pastor Kapkhanhau, DS/ Moreh Division
- Nuomthu genna : Rev Kamminthang DM/MELC
- Tawpna leh Annkuong latna : Rev Dr S.K. Manlun DS/LWD

Vaiguon sunga Lasa teng:

- i) ELWA Immanuel Church Moreh
- ii) ELWA JH Vajang

Vaiguon sunga Houlimna hun zang teng:

- i) Upa S. Zamzalam, Moderator MELC
- ii) Upa Janggin, Chairman Moerh Division
- iii) ELWA & LYF Moreh Division
- iv) Immanuel Church Moreh
- v) ELWA GHQ & LYF GHQ
- vi) LED & LWD
- vii) Singngat Division

Khovah nuoi a keima tang a ka peisang in, kho miel nuoi ah Jesu Khrist toh ka peikhawm nuom zaw hi-*Martin Luther*

- viii) Behiang Division
- ix) Thanlon Division
- x) Sangaikot Division
- xi) Motha MELC
- xii) Pu W.S. Molun, Chief of Motha Village

3. LYFGHQIN “NAUPANG SUNDAY SCHOOL TEACHER’S



DEBRIEFING & RETREAT” NEI

Apeisa 11th December 2024 in LYF/GHQ saina in “NAUPANG SUNDAY SCHOOL TEACHER’S DEBRIEFING & RETREAT”, Green Hills Resort (Mata Mualtam) mun ah nei ahi, Vaiguon tangpi:

- Hunkem : Evan. Ginminlun Youth Promotor
- Hunpat thumna : Upa Pumminlal V/Chairman LYF GHQ
- Hanthawn thugenna : Rev Suanboi Tungdim i/c Youth MELC
- Tawpna & Annkuong latna : Upa Zamkhanpau Chairman LYF GHQ.

Tam vaiguon ah Division akipat Khanglai lamkai bangza ahie peikhawm in nuomtah in vaiguon zangin, Annkuong lui in hun zou uhi.

4. MELC HEAD OFFICE TEN MOREH DIVISION TOUR NEI:

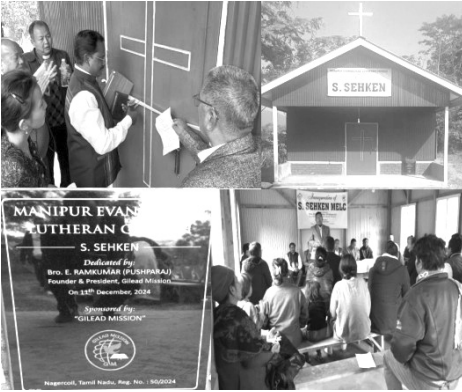
Apeisa 7th December 2024 ni in “MELC Head Office” ten tam anuoi a bangin Moreh Division ah Tour nei uhi:

- i) Motha @ Minou MELC by Bishop leh Moderator.
- ii) N. Gangpijang by Dy. Moderator leh Lamka East Division DS
- iii) Moreh MELC by Thanlon Division, DS
- iv) JH Vajang by Director of Mission
- v) TM Zoumunnuam by Lamka West Division, DS.

.....

I hasatnate pen asangzaw dinmun i tun theina dinga, kidaw Kalbi ahi- *R.A. Torrey*

5. S. SEKEN BIEHINN HONNA NEI



Apeisa Date 21st July, 2024 (Sunday) nia S. Sehken MELC Biehinn “Friends Medical Mission International” (FMMI) te kithuopina toh Suongphumna Bro. E. Ramkumar, Founder & President FMMI in ana nei pen Pasion zalin Date 11th December 2024 in ama’n **Bro. E. Ramkumar**, Founder

& President FMMI in a Honna hing nei hi. Vaiguon tangpi ahileh:

- Hunkem : Upa Kammang, Chairman B/D
 - Hunpat thumna : Rev Ngilzakhup, Biel Pastor B/D
 - Vaidawn Thugenna leh Silpiehna : The Rt Rev Khup Do Khen, Bishop
 - Houlimna:
- i) Bro. E. Ramkumar, Founder & President FMMI
 - ii) Upa Suahchinmang, Chief of S. Seken
 - e) Nuomthu genna: Upa S. Zamzalam, Moderator MELC
 - f) Tawpna: Rev T. Lamgen, DS.

6. VONDEI SAULIIM INN THA HONNA KINEI:



Apeisa 15th December, Nai 1: 30Pm vel in Pu M. Haukholian leh innsung mite, Phamsa Upa Khupkhanhau Munluo @ MK

Hastna hanse da in, pum pel zong som sinlen, na zaw zou ding kizil zaw in- *Peter Wichrock*

Thomas, chief of Singngat thei zigna ding a ahing lamsah uh “Vondei Sauliim, Building Tha” honna Pa Hauchinkhup s/o Pu Haukholian in Ribbon Cutting anei a, Bishop in Pasian kungah latna anei hi. Vaiguon tangpi

- Hunkem : Rev Suanboi Tungdim, DM/MELC
- Hunpat thumna : Rev Dr S.K Manlun, DS/ LWD
- Houlimna : Pa Hauchinkhup & Innsung mite
- Nuomthu genna : Upa S. Zamzalam, Moderator MELC
- Tawpna & Singpi latna : Rev Nengkhanlal Milun, DS/ LED

7. BISHOP IN LAIBU THA HONNA NEI:

Apeisa 14th December 2024, Khawmpi Vaiguon laitah in Pastorpi Mannuamching IAS in agel laibu tha “*Theituoh Numei te Tanchin*” kichi **The Rt Rev Khup Do Khen**, Bishop in ahonna nei hi. Tami laibu a Sum kimu teng khu Vondei Sauliimte kithuohpi nadin laibu giel nun agen hi. Koi tobang VDS panpi na ding in tami Laibu leichiet din iki chiel uhi.



8. UPA KHAMCHINLAM of HQ CHURCH IN “UPA OF THE YEAR” SANG HI.



A 70 veina Kumsim Khawmpi leh Vaihawmna, HQ Church Zomi Colony ah 13-15th December 2024 akinei hun ah, MELC khangthu adia chiemte tham ching Upa S. Zamzalam in “*Moderator Awards*” ahawmna ah **Upa Khamchinlam** of HQ Church, Zomi Colony in “*Upa of the Year*” Sangin lungdam etsahna in “*Momento*” akipia hi.

Hasatna tua ding zauten a tuatua uhi- *John Straurt Mill*



JANUARY		GANGPI	
Date	Event	Day	
1	Kumtha Ni	Nilaini	
6	MELC Office lut patni	Seppatni	
26	Republic Day	Pasianni	
28	ELWA 1st Standing Committee	Septawpni	

FEBRUARY		PHUMHA	
Date	Event	Day	
2	MELC Nipi Sang kai patni	Pasianni	
28	LYF 1st Standing Committee	Septawpni	

MARCH		DOUTA	
Date	Event	Day	
6	Mission 1st Standing Committee	Ningani	
13	1st Executive Committee	Ningani	
14	Yaosang / Holi	Septawpni	

APRIL		DOUPI	
Date	Event	Day	
11	1st Pastoral Meet	Septawpni	
13	Palm Sunday	Pasianni	
18	Good Friday	Septawpni	
20	Easter Sunday	Pasianni	

MAY		JINGHA	
Date	Event	Day	
7	Southern Manipur Missionary Day	Nilaini	
11	Nute' Ni (Mothers' Day)	Pasianni	
31	MELC Half Yearly Account close	Kiginni	

JUNE		MUAHA	
Date	Event	Day	
3-7	Half Yearly Audit	Sepkiani - Kiginni	
6	ELWA 2nd Standing Committee	Septawpni	
8	Pentecost Day	Pasianni	
8	Tate' Ni (Children's Day)	Pasianni	
11	LYF 2nd Standing Committee	Nilaini	
15	Pate' Ni	Pasianni	
22	Meithaite Ni	Pasianni	
25	Mission 2nd Standing Committee	Nilaini	
27-29	Division LCF Khawmpi	Septawpni-Pasianni	

JULY		HALAH	
Date	Event	Day	
1	Missionary Day	Sepkiani	
4	2nd Executive Committee	Septawpni	
6	MELC Mission Sunday	Pasianni	
13	Naupang Nipi Sang Kumkim Exam	Pasianni	
July – August	Haitha		

AUGUST		SEUGAWL	
Date	Event	Day	
14	2nd Pastoral Meet	Ningani	
12	Khanglaite' Ni/ International Youth Day	Sepkiani	
15	Independence Day	Septawpni	

SEPTEMBER		NOUTA	
Date	Event	Day	
1	Seppual Vaiguon honni	Seppatni	
5	Teachers Day	Septawpni	
15	MELC Day	Seppatni	
27- 28	Seppuol kisuuh tuohni ding	Kiginni - Pasianni	

OCTOBER		NOUPI	
Date	Event	Day	
1-31	Pastoro Pahtawi ha		
2	Nampi Sienthouni	Ningani	
3-5	Division LYF Khawmpi	Septawpni-Pasianni	
13	Zou Nampi Thumkxawmni	Seppatni	
14	Mission 3rd Standing Committee	Sepkiani	
15	LYF 3rd Standing Committee	Nilaini	
17-19	Division ELWA Khawmpi	Septawpni-Pasianni	
20	Diwali (Dipawali)	Seppatni	
22	3rd Executive Committee	Nilaini	
24-26	Division MELC Khawmpi	Septawpni-Pasianni	
28	ELWA 3rd Standing Committee	Nilaini	
31	Reformation Day	Septawpni	

NOVEMBER		KAUPI	
Date	Event	Day	
1	Kut	Kiginni	
2	Nipi Sang Kumtawp Exam	Pasianni	
7-9	ELWA HQ Khawmpi	Septawpni-Pasianni	
11	Last Music Committee	Sepkiani	
12	Last ABC Committee	Nilaini	
14	Childrens' Day/Vondei Saulim Ni	Septawpni	
14-16	LYF HQ Khawmpi	Septawpni-Pasianni	
21-23	MELC Missions Khawmpi	Septawpni-Pasianni	
26	Last Ministerial Committee	Nilaini	
28	3rd Pastoral Meet	Septawpni	
30	MELC A/C Close	Pasianni	

DECEMBER		AWLHA	
Date	Event	Day	
1-4	Annual Audit	Seppatni-Ningani	
5	Last Finance Committee	Septawpni	
9	Last Central Core Committee	Sepkiani	
10	4th/Last Executive Committee	Nilaini	
12-14	Kumkai Khawmpi	Septawpni-Pasianni	
15	Annual Workers Meet	Seppatni	
17	MELC Office khahni	Septawpni	
25	Christmas Ni	Ningani	

Pasian in a min (name) a chiemte khalou mi tampi nei hi- Rev Dr
J.M. Paupu

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